

WHAT DO YOU USE TO HELP YOU TO PRAY?

Members of the Prayer Group share their thoughts...



I use my icon of Jesus when I pray as it helps me to focus on my thoughts and what I want to say.

Mrs Ttofis



My silver cross was given to me by my grandparents. I hold it when I pray and I go to church wearing it. It is really special to me.

Lizzie



My mum told me about a homeless man who was lonely at Christmas. I felt sorry for him and gave him £5.00 of my Christmas money, a card and some chocolates. In reply he gave me a lovely note: "...keep your qualities as you grow..."

Dylan



My drawing books are special because I capture my feelings through my pictures. When I feel sad my drawing shows a sad face and when I feel happy the face in my pictures smiles with joy! Sophia



My cross is my comfort for when I pray or if I'm worried about someone who needs my prayer. My cross is my channel to God.

I was given a holy book and a rosary for my Holy Communion, in preparation for my Confirmation. They are really special to me. I am being taught how to use the rosary during prayer. When I look at it I picture the face of Jesus and it makes me smile and happy. Karolina

