



"Therefore put on the full armour of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breast-plate of righteousness in place, and with your feet fitted with the readiness that comes from the Gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God."

Ephesians 6:13-17

I like this passage as it focusses on the strength that we get from God if we believe in him and follow in his ways. God gives us the strength to stand up to evil and he protects us, with truth and righteousness on our side. If our faith is strong enough it will withstand all that life throws at us so we can continue to be fulfilled, safe in the knowledge that God is with us throughout our lives.

Some of our favourite Bible references

Matthew 5:12-13

"Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you. You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet." - **Katherine**

Matthew 7:7-8

"Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened."

Matthew 7:12

"So whatever you wish that others would do to you, do also to them, for this is the Law and the Prophets." - **Sofia**

Genesis 17:1-5

"When Abram was ninety-nine years old the LORD appeared to Abram and said to him, "I am God Almighty; walk before me, and be blameless, that I may make my covenant between me and you, and may multiply you greatly." - Isabel